

The Jigsaw Approach for the Early Years Foundation Stage

The Jigsaw Approach has mindfulness underpinning it. This means that as well as teaching information and skills to empower children to learn now, and improve their life-chances later, we also aim to help them develop personal awareness. This enables them to observe their own thoughts and feelings, regulate them and make conscious decisions about their learning, behaviour and lives. It helps them to remain focused on the present moment and thrive in it.

Jigsaw brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied, mindful of preferred learning styles and the need for differentiation. Jigsaw is designed as a whole school approach, all year groups working on the same theme (Puzzle) at the same time. This enables each Puzzle to start with an introductory assembly, generating a whole school focus for adults and children alike.

Weekly Celebrations

The weekly celebration is the same for each year group. These are designed to draw out a key theme from each week and reinforce its application, trying to ensure the Jigsaw learning is translated into behaviour and attitudes and not confined to the lesson slot on the timetable.

The idea is that the Weekly Celebration sheets are copied and displayed in each classroom and communal area. The focus for the following week is introduced in the Friday assembly e.g. Next week we are celebrating people who

"Help others to feel welcome".

Through the week, children and adults nominate each other by adding their names to the celebration sheets when they see each other using that behaviour. These are collected in and those nominated recognised/rewarded in the Friday assembly (or class reward time).

The Six Puzzles

In the EYFS, there are two sets of plans for Foundation 1 (pre-schoolers) and Foundation 2 (school starters) each Puzzle has 6 lesson plans. The lesson plans clearly identify the Early Learning Goal (ELG) and the Development Matters levels (D4 - D6) that will be that session's focus.

To support practitioners with the implementation of this scheme of work, every plan has:

Child-initiated and Adult-led activity ideas

Assessment opportunities and cross-curricular links

Home-learning and family links

Resources

Display ideas

Outside learning ideas

SMSC (Spiritual, Moral, Social, Cultural) development

Every Piece (lesson) contributes to at least one of these aspects of children's development. This is mapped on each Piece and balanced across F1 and F2.

These are available for you to select what best suits your setting and your children's needs. These are entirely optional but there for those who would like to access some or all of the elements.

Relationships

Puzzle Map - Year 1



Puzzle Outcome

Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'

Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2001)	Resources
Know how to make friends	1.Families	I can identify the members of my family and understand that there are lots of different types of families	I know how it feels to belong to a family and care about the people who are important to me.	Family game cards,Jigsaw Chime,'Calm Me' script, Book: 'The Family Book by Todd Parr, Book: 'For Every Child - the rights of the child in words and pictures', UNICEF (ISBN 0-8037-2650-3), Jigsaw Journals.
Try to solve friendship problems when they occur	2. Making Friends	I can identify what being a good friend means to me	I know how to think of new friend	Music and blanket for hedgehogs game, Jigsaw Chime, 'Calm Me' script, YouTube clip from Toy Story, Jigsaw Jack, Sets of 'A Good Friend Should...', cards, one set for each group, Jigsaw Journals, Jigsaw Song: 'The Colours of Friendship'.
Help others to feel part of a group	3. Greetings	I know appropriate ways of physical contact to greet my friends and know which ways I prefer	I can recognise which forms of physical contact are acceptable and unacceptable to me.	Jigsaw Chime, 'Calm Me' script, Book: 'Hug' by Jez Alborough, Holding hands' images, 'Feely bags' containing a variety of textures: e.g. fur, velvet, sandpaper, pebble, Playdoh, water snake toy, stress ball and any other suitable objects, Jigsaw Jack, Jigsaw Journals
Show respect in how they treat others	4. People Who Help Us	I know who can help me in my school community	I know when I need help and know how to ask for it	Jigsaw Jack, Jigsaw Chime, 'Calm Me' script, People cards, Scenario cards, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5.Being My Own Best Friend	I can recognise my qualities as person and a friend	I know ways to picture myself	Bottle weighted with water or sand, Jigsaw Jack jigsaw Chime, 'Calm Me' script, YouTube clip from the film 'The Incredibles', PowerPoint of incredible children, 'The incredible me' picture frame template, Jigsaw Song: 'The Colours of Friendship'.
Know and show what makes a good relationship	6.Celebrating My Special Relationships	I can tell you why I appreciate someone who is special to me	I can express how I feel about them	Jigsaw Chime, 'Calm Me' script, Jigsaw Song: 'Colours of friendship', Balloons, Balloon label template, String, Jigsaw Journals.
Assessment Opportunity ★				

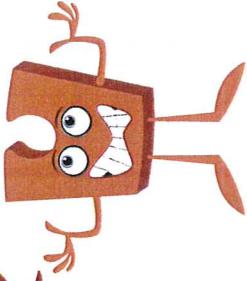
Changing Me

Puzzle Map - Year 1

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create Tree of Change display

Hello
I'm Jigsaw Jack

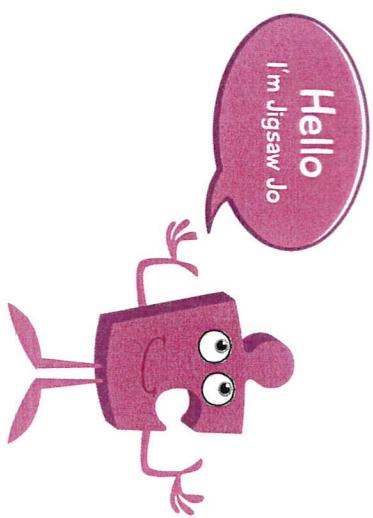


Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy / Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)
Understand that everyone is unique and special	1. Life cycles I am starting to understand the life cycles of animals and humans	I understand that changes happen as we grow and that this is OK	Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Song sheet: 'Changing as I grow' Spawn to Frog YouTube clip, Teacher's photos: series of photos from baby to adult, Life cycle cards, Jigsaw Journals.
Can express how they feel when change happens	2. Changing Me I can tell you some things about me that have changed and some things about me that have stayed the same	I know that changes are OK and that sometimes they will happen whether I want them to or not	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Life cycle cards, Paper for concertina book, Jigsaw Journals.
Understand and respect the changes that they see in themselves	3. My Changing Body I can tell you how my body has changed since I was a baby	I understand that growing up is natural and that everybody grows at different rates	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Baby photo of the teacher, Baby photos brought in by the children, Jigsaw Journals.
Understand and respect the changes that they see in other people	4. Boys' and Girls' Bodies Assessment Opportunity ★ I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina	I respect my body and understand which parts are private	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Male/female animal PowerPoint, PE hoops or flipchart paper, Body parts cards and PowerPoint, Jigsaw Journals .
Know who to ask for help if they are worried about change	5. Learning and Growing I understand that every time I learn something new I change a little bit	I enjoy learning new things	Jigsaw Chime, 'Calm Me' script, Jigsaw Jack, Jigsaw Song sheet: 'Changing as I grow', Picture cards, Flower shape and petals for flipchart, Flower template, Photos of the children, Jigsaw Journals.
Are looking forward to change	6. Coping with Changes I can tell you about changes that have happened in my life	I know some ways to cope with changes	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jack, Book: 'Moving Molly' by Shirley Hughes, Bag of items for Changes Game, Jigsaw Journals.

Relationships

Puzzle Map - Year 2

Puzzle Outcome
Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'

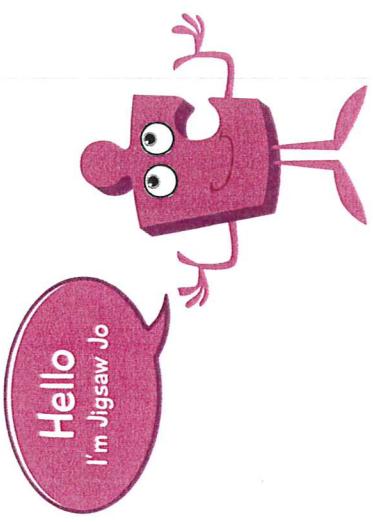


Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills Resources (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)
Know how to make friends	1.Families	I can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate	I accept that everyone's family is different and understand that most people value their family
Try to solve friendship problems when they occur	2. Keeping Safe - exploring physical contact	I understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not	I know which types of physical contact I like and don't like and can talk about this
Help others to feel part of a group	3. Friends and Conflict Assessment Opportunity ★	I can identify some of the things that cause conflict with my friends	I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends
Show respect in how they treat others	4. Secrets	I understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret	Jigsaw Chime, 'Calm Me' script, Selection of shoes, 'I thought you were my friend' resource sheet, 'Mending Friendships' chart, printed on A3 or on PowerPoint slide, 'Mending Friendships' resource sheet, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5.Trust and Appreciation	I recognise and appreciate people who can help me in my family, my school and my community	I know how it feels to be asked to keep a secret; I do not want to keep and know who to talk to about this
Know and show what makes a good relationship	6.Celebrating My Special Relationships	I can express my appreciation for the people in my special relationships	I understand how it feels to trust someone Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Wrapped gift box, Poem: 'I Have a Secret' by E J Thornton, Jigsaw Journals.

Changing Me

Puzzle Map - Year 2

Puzzle Outcome
Help me fit together the six pieces of learning about Changing Me to create Tree of Change display

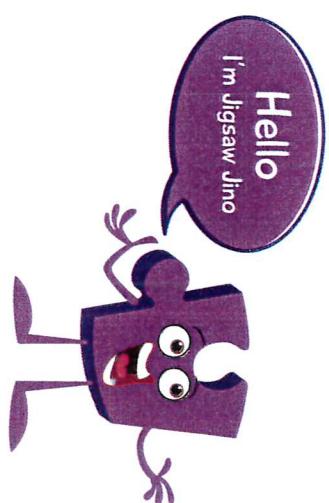


Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)	Resources
Understand that everyone is unique and special	1. Life Cycles in Nature	I can recognise cycles of life in nature	I understand there are some changes that are outside my control and can recognise how I feel about this	Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Jo, Jigsaw Song sheet: 'Changing as I grow', BBC Learning clip: 22250, An introduction to life cycles, Jigsaw Journals.
Can express how they feel when change happens	2. Growing from Young to Old	I can tell you about the natural process of growing from young to old and understand that this is not in my control	I can identify people I respect who are older than me	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jo, PowerPoint - young to old, Book: 'My Grandpa is Amazing' by Nick Butterworth, Photos from home of a grandparent as a child and now, Card leaf templates A4 size - one per child, Jigsaw Journals.
Understand and respect the changes that they see in themselves	3. The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old	I feel proud about becoming more independent	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Book: 'Titch' by Pat Hutchins, Timeline labels: Baby, Toddler, Child, Teenager, Adult, A box or bag of collected items to represent different stages of growing up, Timeline template, Jigsaw Journals.
Understand and respect the changes that they see in other people	4. Boys' and Girls' Bodies Assessment Opportunity ★	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private	I can tell you what I like/don't like about being a boy/girl	Jigsaw Chime, 'Calm Me' script, Flipchart paper, Body parts cards and PowerPoint, A bag or laundry-type basket containing a collection of girls' and boys' clothes including underwear and swim suits, Jigsaw Journals.
Know who to ask for help if they are worried about change	5. Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like	I am confident to say what I like and don't like and can ask for help	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Feely bag 1 (containing e.g. pebble, sandpaper, Playdoh, fur, velvet, pine cone, plastic dinosaur toy and any other suitable objects), Feely bag 2 (containing soft material like velvet, satin or silk), Teddy bear, Book: 'Hug' by Jez Alborough, Jigsaw Journals.
Are looking forward to change	6. Looking Ahead	I can identify what I am looking forward to when I am in Year 3	I can start to think about changes I will make when I am in Year 3 and know how to go about this	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Two visiting Year 3 pupils, Card leaf templates, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Journals.

Relationships

Puzzle Map - Year 3

Puzzle Outcome
Help me fit together the six pieces of learning about Relationships to create 'Our Relationships Fiesta'



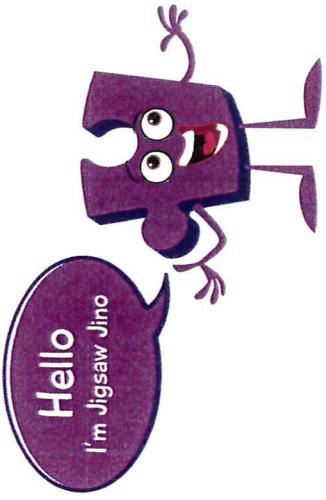
Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DfES 2004)	Resources
Know how to make friends	1. Family Roles and Responsibilities	I can identify the roles and responsibilities of each member of my family and can reflect on the expectations for males and females	I can describe how taking some responsibility in my family makes me feel	Jigsaw Chime, 'Calm Me' script, Male /female Jobs PowerPoint, Male/female/bot cards, Sets of the 'Whose Responsibility?' cards, Jigsaw Journals, Jigsaw Jino.
Try to solve friendship problems when they occur	2. Friendship	I can identify and put into practice some of the skills of friendship, e.g. taking turns, being a good listener	I know how to negotiate in conflict situations to try to find a win-win solution or compromise	Jigsaw Chime, 'Calm Me' script, Donkey PowerPoint, 'Solve it together' technique, Mending friendships resource sheet, Friendship conflict scenarios, Jigsaw Journals
Help others to feel part of a group	3. Keeping Myself Safe	I know and can use some strategies for keeping myself safe	I know who to ask for help if I am worried or concerned	Jigsaw Chime, 'Calm Me' script, Donkey PowerPoint, 'Solve it together' technique, Mending friendships resource sheet, Friendship conflict scenarios, Jigsaw Journals
Show respect in how they treat others	4. Being a Global Citizen 1	I can explain how some of the actions and work of people around the world help and influence my life	I can show an awareness of how things could affect my choices	http://www.homesafetygame.com/pdf/BAS1.pdf, http://www.homesafetygame.com/pdf/BAS1.pdf, keep safe labels, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5. Being a Global Citizen 2	I understand how my needs and rights are shared by children around the world and can identify how our lives may be different.	I can empathise with children whose lives are different to mine and appreciate what I may learn from them	A set of the 'Wants and needs' cards cut up, Jigsaw Chime, 'Calm Me' script, PowerPoint, Children around the world, Oxfam materials Change the World in Eight Steps', and Millennium Development goals posters accessed at: http://www.oxfam.org.uk/education/resources/change-the-world-in-eight-steps , Unicef website: http://www.unicef.org/circ/ , PowerPoint slide 'Articles from UNCRRC', Jigsaw Journals.
Know and show what makes a good relationship	6. Celebrating My Web of Relationships	I know how to express my appreciation to my friends and family	I enjoy being part of a family and friend/friendship groups	Jigsaw Jino, Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet, 'Learning Together', Relationship Circles template - A3 for demonstration and A4 for each child. Materials for streamers: crepe paper, pens, wooden batons, green tape to secure streamers

Changing Me

Puzzle Map - Year 3

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create Tree of Change display



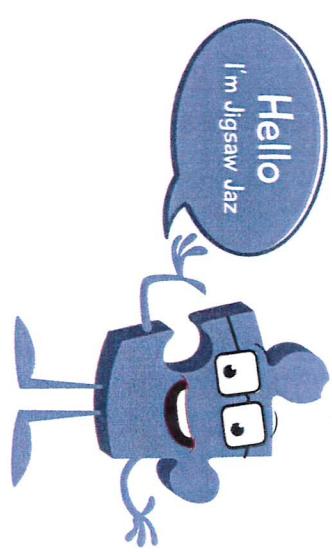
Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)	Resources
Understand that everyone is unique and special	1. How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby	I can express how I feel when I see babies or baby animals.	Jigsaw Chime, 'Calm Me' script, Baby/mother pair cards, PowerPoint slides - Babies, Jigsaw Jino, Visiting mum and baby (if possible) OR new baby pet pictures OR book: 'My New Baby' by Annie Kubler, Jigsaw Journals.
Can express how they feel when change happens	2. Babies	I understand how babies grow and develop in the mother's uterus I understand what a baby needs to live and grow	I can express how I might feel if I had a new baby in my family	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Baby PowerPoint slides, Post-it notes, Flip chart paper, Book: 'My Baby Sister' by Emma Chichester Clark, Jigsaw Jino, Magazines/catalogues showing things for babies, Jigsaw Journals.
Understand and respect the changes that they see in themselves	3. Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies I can identify how boys' and girls' bodies change on the outside during this growing up process	I recognise how I feel about these changes happening to me and know how to cope with those feelings	Jigsaw Chime, 'Calm Me' script, Outline figure of a body on large flipchart paper, Set of Body Change cards, PowerPoint slides: Body Changes, 'My Life, My Changes' sheet, Jigsaw Journals
Understand and respect the changes that they see in other people	4. Inside Body Changes Assessment Opportunity ★	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up	I recognise how I feel about these changes happening to me and know how to cope with those feelings	Jigsaw Chime, 'Calm Me' script, Parent/Child cards, PowerPoint slides: Body Changes from Piece 3, PowerPoint slides: Changes on the inside, Animations: Male and Female Reproductive System 'The Great, Growing Up Adventure' sheet, Jigsaw Jino, Jigsaw Jino's Private Post Box, for comments and questions, Jigsaw Journals.
Know who to ask for help if they are worried about change	5. Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles	I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes	Jigsaw Chime, 'Calm Me' script, Charades cards, Jigsaw Jino, Task card resource sheet, Flipchart paper, plain pillow cases, Fabric pens/paints, Jigsaw Journals.
Are looking forward to change	6. Looking Ahead	I can identify what I am looking forward to when I am in Year 4	I can start to think about changes I will make when I am in Year 4 and know how to go about this	Jigsaw Chime, 'Calm me' script, Jigsaw Jino, Two visiting Year 4 pupils, Wooden batons, Different coloured ribbons/crepe paper strips, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Journals.

Relationships

Puzzle Map - Year 4

Puzzle Outcome

Help me fit together the six pieces of learning about Relationships to create 'Our Relationships Fiesta'



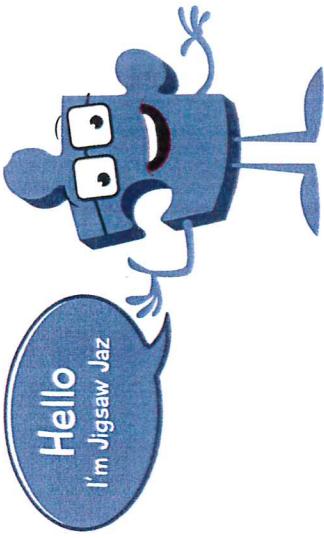
Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DfES 2004)	Resources
Know how to make friends	1. Relationship Web	I can identify the web of relationships that I am part of, starting from those closest to me and including those more distant	I know how it feels to belong to a range of different relationships and can identify what I contribute to each of them	Jigsaw Chime, 'Calm me' script, Jigsaw Jaz, Relationship spiral template, Art materials: gems, glitter, ribbons etc., Jigsaw Charter.
Try to solve friendship problems when they occur	2. Love and Loss	I can't identify someone I love and can't express why they are special to me	I know how most people feel when they lose someone or something they love	Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Book, 'Goodbye Mousie' by Robie H. Harris, Flipchart prepared with scenarios, Post-it notes, Jigsaw Journals.
Help others to feel part of a group	3. Memories	I can tell you about someone I know that I no longer see	I understand that we can remember people even if we no longer see them	Children's souvenirs, Jigsaw Chime, 'Calm Me' script, Post-it notes or slips of paper, Book, 'Badger's Parting Gifts' by Susan Varley, Jigsaw Song sheet; Learning together, Jigsaw Journals, Flipchart(paper and marker pens, Timer, Jigsaw Chime, 'Calm Me' script, Jigsaw Jaz, Internet/library access to help with preparing arguments for a debate, Jigsaw Journals.
Show respect in how they treat others	4. Are Animals Special?	I can explain different points of view on an animal rights issue	I can express my own opinion and feelings on this	Jigsaw Chime, 'Calm Me' script, Book, 'I'll Always Love You' by Hans Wilhelm or 'Goodbye Mousie' by Robie H Harris, Memory box challenge resource sheet, Cardboard treasure chest boxes, Materials to make and present memory boxes, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5. Special Pets	I understand how people feel when they love a special pet	I can understand that losing a special pet brings feelings that can be hard to cope with, but that it can be helpful to mark loss by celebrating special things about the pet	Jigsaw Chime, 'Calm Me' script, Book, 'I'll Always Love You' by Hans Wilhelm or 'Goodbye Mousie' by Robie H Harris, Memory box challenge resource sheet, Cardboard treasure chest boxes, Materials to make and present memory boxes, Jigsaw Journals.
Know and show what makes a good relationship	6. Celebrating My Relationships with People and Animals	I know how to show love and appreciation to the people and animals who are special to me	I can love and be loved	Jigsaw Jaz, Jigsaw Chime, 'Calm Me' script, Fabric for relationship collage - Felt squares 25cmx25cm per child, Sewing needles and cotton, Willing parent helpers, Jigsaw Journals.

Changing Me

Puzzle Map - Year 4

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create Tree of Change display



Pieces

(Developed from National Framework
DfEE 2000)

PSHE Education

(Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)

Emotional Literacy/Social Skills

(Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)

Resources

Weekly Celebration

Understand that everyone is unique and special

Can express how they feel when change happens

Understand and respect the changes that they see in themselves

Understand and respect the changes that they see in other people

Know who to ask for help if they are worried about change

Are looking forward to change

1. Unique Me

2. Having a Baby

3. Girls and Puberty

4. Circles of Change

5. Accepting Change

6. Looking Ahead

Assessment Opportunity ★

1. Unique Me

2. Having a Baby

3. Girls and Puberty

4. Circles of Change

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4. Circles of Change

5. Accepting Change

6. Looking Ahead

Assessment Opportunity ★

1. Unique Me

2. Having a Baby

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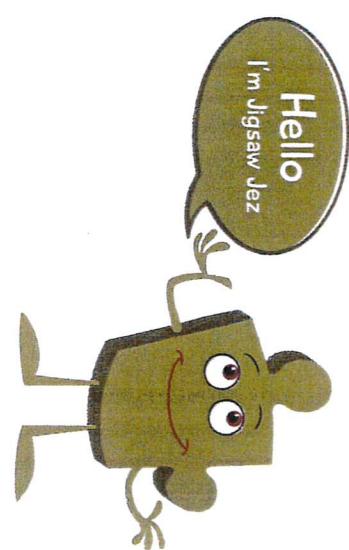
4. Circles of Change

Relationships

Puzzle Map - Year 5

Puzzle Outcome
Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'

Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)	Resources
Know how to make friends	1. Recognising Me	I have an accurate picture of who I am as a person in terms of my characteristics and personal qualities	I know how to keep building my own self-esteem	Jigsaw Chime, 'Calm Me' script, Large sheets of paper and marker pens, A piece of paper for each child, possibly cut out in the shape of a human figure, Jigsaw Journals.
Try to solve friendship problems when they occur	2. Getting On and Falling Out	I can recognise how friendships change, know how to make new friends and how to manage when I fall out with my friends	I know how to stand up for myself and how to negotiate and compromise	Jigsaw Chime, 'Calm Me' script, Jigsaw Charter, Paper and marker pens for 'friendship is ...' statements, Make Friends/Break Friends? scenario cards, Mending Friendships poster, 'Save it together' technique, Jigsaw Jez, Jigsaw Journals
Help others to feel part of a group	3. Girlfriends and Boyfriends	I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean	I understand that relationships are personal and there is no need to feel pressurised into having a boyfriend/girlfriend	Jigsaw Jez, Jigsaw Charter, 'Agree' and 'Disagree' labels, PowerPoint slides of boy-friend/girl-friend couples, Flipchart paper, Diamond 9 cards 'You might go out with someone because ...' - some with text, some blank sets of these cut up for each group, Jigsaw Journals
Show respect in how they treat others	4. Girlfriends and Boyfriends	I understand how it feels to be attracted to someone and what having a boyfriend/girlfriend might mean	I can recognise the feeling of jealousy, where it comes from and how to manage it	Jigsaw Jez, Jigsaw Chime, 'Calm Me' script, 'The Way I Feel', copies printed on A3 for each group, Coloured pens, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5. Relationships and Technology	I understand how to stay safe when using technology to communicate with my friends	I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to others	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, An adult volunteer and a means of concealing them while they type responses for the children to see on the whiteboard. A poster promoting internet safety for children, such as Childnet's 'Be SMART on the Internet' (downloadable at http://www.kidsmart.org.uk/download/a2/posterPRIMARY.pdf), YouTube clip: CEOPI, Jigsaw Assembly for 8-10 year olds, (CEOPI Thinkuknow), Materials for the children to design their own posters, Jigsaw Journals.
Know and show what makes a good relationship	6. Relationships and Technology	I can explain how to stay safe when using technology to communicate with my friends	I can recognise and resist pressures to use technology in ways that may be risky or may cause harm to myself or others	Jigsaw Chime, 'Calm Me' script, 'Personal Record Sheet' (print off, Materials for creating posters or leaflets, Child net website, YouTube clip: CEOPI, Jigsaw, Assembly for 8-10 year olds, (CEOPI Thinkuknow), 'Be SMART on the Internet' (downloadable at http://www.kidsmart.org.uk/download/a2/posterPRIMARY.pdf), Jigsaw Journals.
Assessment Opportunity ★				



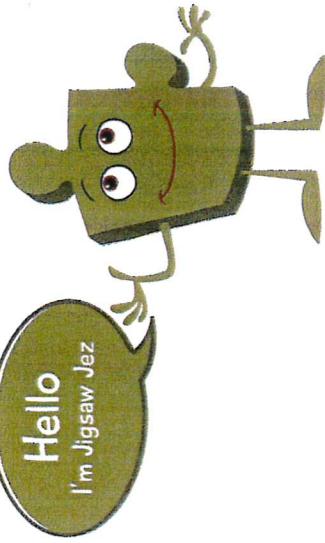
Changing Me

Puzzle Map - Year 5

Puzzle Outcome

Help me fit together the six pieces of learning about Changing Me to create Tree of Change display

Hello
I'm Jigsaw Jez



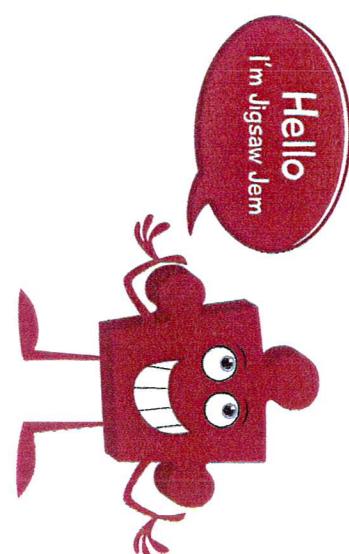
Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/ Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)	Resources
Understand that everyone is unique and special	1. Self and Body Image	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem	Jigsaw Chime, 'Calm Me' script, Ball, Jigsaw Jez, Self-image cards, Image PowerPoint slide , Self-image picture frame card template, Jigsaw Journals.
Can express how they feel when change happens	2. Puberty for Girls	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally	I understand that puberty is a natural process that happens to everybody and that it will be ok for me	Jigsaw Chime, 'Calm Me' script, PowerPoint slides of male and female bodies, animation: The Female Reproductive System, Menstruation Card Match, Sets of a range of sanitary products, tampons with and without applicators, pads with and without wings, pads of varying sizes, colours and shapes, Great Growing Up resource sheet, Menstruation Worries cards - one for each working group, If available: some examples of published information leaflets about puberty, Jigsaw Jez's private post box, Jigsaw journals.
Understand and respect the changes that they see in other people	3. Puberty for boys Assessment Opportunity ★	I can describe how boys' and girls' bodies change during puberty	I can express how I feel about the changes that will happen to me during puberty	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Tennis ball, Puberty Points of View statements, Agree and Disagree labels, Animation: The Male Reproductive System, PowerPoint slides; male organs (as per Year 4 Piece 2) Boys 'n' Puberty Quiz - either single sheets or cut up into sets of cards, Materials as necessary to produce a colourful information leaflet or PowerPoint presentation. If available: some examples of published information leaflets about puberty, Jigsaw Journals.
Understand and respect the changes that they see in other people	4. Conception	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby	I appreciate how amazing it is that human bodies can reproduce in these ways	Relationships Cards, one per pair, Jigsaw Diamond 9 cards, Animations: The Female Reproductive System and The Male Reproductive System, PowerPoint slides; A Baby in the Womb, The Truth About Conception and Pregnancy card sort - statements, true/false cards, and explanation cards.
Know who to ask for help if they are worried about change	5. Looking Ahead	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)	I am confident that I can cope with the changes that growing up will bring	Jigsaw Chime, 'Calm Me' script, Jigsaw Jez, Jigsaw Song sheet: 'Changing as I grow', Birthday cake and candles, Selection of age 13 birthday cards, PowerPoint pictures, Flip chart paper, Jigsaw Journals, Pot of bubbles.
Are looking forward to change	6. Looking Ahead to Year 6	I can identify what I am looking forward to when I am in Year 6	I can start to think about changes I will make when I am in Year 6 and know how to go about this	Jigsaw Chime, 'Calm Me' script, Six visiting Year 6 pupils, Jigsaw Jez, Spinning top template, Circle of change template, Jigsaw Journals, Pot of bubbles.

Relationships

Puzzle Map - Year 6

Puzzle Outcome
Help me fit together the six pieces of learning about Relationships to create 'Our Relationship Fiesta'

Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DfES 2004)	Resources
Know how to make friends	1. My Relationship Web	I can identify the most significant people to be in my life so far	I understand how it feels to have people in my life that are special to me	Ball of string/wool, Jigsaw Chime, 'Calm Me' script, Box of natural objects e.g. shells, pebbles, sticks, leaves and then additional boxes containing natural objects for each table, Jigsaw Jem, plain paper, Jigsaw Journals.
Try to solve friendship problems when they occur	2. Love and Loss 1	I know some of the feelings we can have when someone dies or leaves	I can use some strategies to manage feelings associated with loss and can help other people to do so	Jigsaw Chime, 'Calm Me' script, 'The Sad Book' by Michael Rosen, Coping with loss scenario cards, Jigsaw Journals.
Help others to feel part of a group	3. Love and Loss 2	I understand that there are different stages of grief and that there are different types of loss that cause people to grieve	I can recognise when I am feeling those emotions and have strategies to manage them	20 random objects on a tray, Jigsaw Chime, 'Calm Me' script, Loss or change cards, Post-its, PowerPoint - stages of grief, Jigsaw Journals.
Show respect in how they treat others	4. Power and Control Assessment Opportunity ★	I can recognise when people are trying to gain power or control	I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control	Jigsaw Chime, 'Calm Me' script, PowerPoint slide 'Power and Control', Power and Control scenario cards, Jigsaw Jem, Jigsaw Journals.
Know how to help themselves and others when they feel upset or hurt	5. Being Safe with Technology 1	I understand how technology can be used to try to gain power or control and I can use strategies to prevent this from happening	I can take responsibility for my own safety and well-being	Chat Room Abbreviations' - a checklist, Jigsaw Chime, 'Calm Me' script, Cyberbullying film 'Let's Fight It Together' www.childnet.com/resources/lets-fight-it-together, Be SMART on the Internet poster: www.kidsmart.org.uk/downloads/cn_A2posterPRIMARY.pdf, Online scenario cards, Jigsaw song sheet - 'Learning Together'.
Know and show what makes a good relationship	6. Being Safe with Technology 2	I can use technology positively and safely to communicate with my friends and family	I can take responsibility for my own safety and well-being	Jigsaw Song sheet - 'Learning Together', 'Keeping Myself Safe Online' quiz, Jigsaw Chime, 'Calm Me' script, Materials for poster design, Filming equipment, Jigsaw Journals.

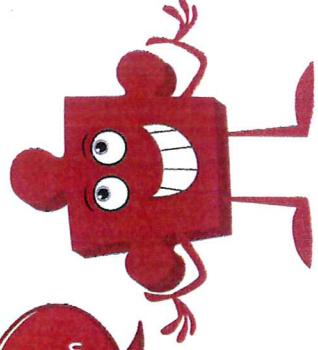


Changing Me

Puzzle Map - Year 6

Puzzle Outcome
Help me fit together the six pieces of learning about Changing Me to create Tree of Change display

Hello
I'm Jigsaw Jem



Weekly Celebration	Pieces	PSHE Education (Developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL - Social and Emotional Aspects of Learning DfES 2004)	Resources
Understand that everyone is unique and special	1. My Self Image I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem	Jigsaw Chime, 'Calm me' script, Jigsaw Song sheet; 'Changing as I grow', PowerPoint of celebrity images, 'Real' self' ideal' self template, Highlighter pens, Jigsaw Journals, 3 bottles as props, Smoothie label template, Smoothie recipe template, Fruit smoothies (optional).	
Can express how they feel when change happens	2. Puberty I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally	I can express how I feel about the changes that will happen to me during puberty	Jigsaw Chime, 'Calm Me' script, Growing-Up Bingo cards, Puberty Flashcards, PowerPoint slides of male and female organs, PowerPoint slides showing girl to woman and boy to man, Animations: Female and Male Reproductive Systems, Puberty Truth or Myth cards, enough for each working group to have one complete set, Blank paper, Jigsaw Jem's Private Post Box.	
Understand and respect the changes that they see in themselves	3. Girl Talk/Boy Talk (We recommend this Piece is taught in single, gender-specific groups, preferably girls with a female facilitator and boys with a male facilitator)	I can ask the questions I need answered about changes during puberty	I can reflect on how I feel about asking the questions and about the answers I receive	Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, Preferably two separate spaces for boys and girls to work separately, The questions submitted by the children at the end of the previous Piece, typed up and checked for anonymity, and sorted into sets of boy's and girl's questions, Animations: Female and Male Reproductive Systems.
Understand and respect the changes that they see in other people	4. Babies - Conception to Birth Assessment Opportunity ★	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born	I can reflect on how I feel about the growing development and birth of a baby	Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, Tennis ball, PowerPoint slides of scans of babies in the womb, Animations: Female and Male Reproductive Systems, YouTube footage of baby in womb, A set of Baby Can... cards, cut up and shuffled, Conception to Birth resource sheet, Conception to Birth Card Sort Template, Jigsaw Journals.
Know who to ask for help if they are worried about change	5. Attraction	I understand how being physically attracted to someone changes the nature of the relationship	I can express how I feel about the growing independence of becoming a teenager and am confident that I can cope with this	Jigsaw Chime, 'Calm Me' script, Jigsaw Jem, Photo cards: Holding hands, Jigsaw Journals.
Are looking forward to change	6. Transition to Secondary School	I can identify what I am looking forward to and what worries me about the transition to secondary school	I know how to prepare myself emotionally for starting secondary school	Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jem, Jigsaw Chime, 'Calm Me' script, PowerPoint slide - Bungee run, Coloured card and pens, Blank T-shirt, Fabric pens, Pots of bubbles

