

# School LUNCH MENU



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Week 1

31/08/2020  
28/09/2020  
26/10/2020  
23/11/2020  
21/12/2020

Mexican Beef Chilli with Rice and Sweetcorn

Mexican Mixed Bean Chilli with Rice and Sweetcorn

Vanilla Ice Cream and Wafer

Jacket Potato with Tuna Mayonnaise and Cucumber Sticks

Jacket Potato with Baked Beans and Cheddar Cheese

Fresh Natural Strawberry Yoghurt

Roast Chicken Breast with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy

Sweet Potato Falafels with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy

Lemon Drizzle Cake

Chicken Meatballs and Penne Pasta with Tomato Sauce, Peas and Garlic Bread

Meat Free Balls and Penne Pasta with Tomato Sauce and Cheddar Cheese, Peas and Garlic Bread

Fresh Fruit Salad

MSC Fish Fingers with Herb Diced Potatoes and Green Beans

Vegetable Fingers with Herb Diced Potatoes and Green Beans

Honeydew Melon Wedges

### Week 2

07/09/2020  
05/10/2020  
02/11/2020  
30/11/2020

Butcher's Pork Sausage with Mashed Potatoes, Mixed Vegetables (Swede, Carrots and Peas) and Gravy

Vegetable Sausage with Mashed Potatoes, Mixed Vegetables (Swede, Carrots and Peas) and Gravy

Fresh Natural Raspberry Yoghurt

Ginger Beef Noodles, Green Beans and Red Peppers with Broccoli

Ginger Mushroom Noodles, Green Beans and Red Peppers with Broccoli

Cheddar Cheese and Cream Crackers

Pepperoni Pizza with Herb Diced Potatoes and Baked Beans

Cheese and Tomato Pizza with Herb Diced Potatoes and Baked Beans

Fresh Fruit Salad

Chicken and Carrot Korma with Rice and Sweetcorn

Sweet Potato and Carrot Korma with Rice and Sweetcorn

Pineapple Sticks

MSC Mackerel Cheese Sauce with Penne Pasta and Carrots

Cherry Tomato Cheese Sauce with Penne Pasta and Carrots

Butter Flapjack Triangle

### Week 3

14/09/2020  
12/10/2020  
09/11/2020  
07/12/2020

Jacket Potato with Tuna Mayonnaise and Sweetcorn

Jacket Potato with Baked Beans and Cheddar Cheese

Strawberry Arctic Roll

Chicken Casserole with a Cheesy Potato Crust and Mixed Vegetables (Swede, Peas and Cauliflower)

Vegetable Casserole with a Cheesy Potato Crust and Mixed Vegetables (Swede, Peas and Cauliflower)

Fresh Fruit Salad

Fragrant Lamb Curry with Chickpeas, Coconut Rice and Broccoli

Fragrant Aubergine Curry with Chickpeas, Coconut Rice and Broccoli

Orange and Mango Jelly

Paprika Pork Ragù with Penne Pasta, Green Beans and Garlic Bread

Paprika Roasted Cauliflower Sauce with Penne Pasta, Green Beans and Garlic Bread

Fresh Natural Vanilla and Peach Yoghurt

MSC Cod and Pollock Fish Cakes with Potato Wedges and Peas

Vegetable Fingers with Potato Wedges and Peas

Pineapple Sticks

### Week 4

21/09/2020  
19/10/2020  
16/11/2020  
14/12/2020

Corned Beef and Cheese Hash with Herby Tomato Sauce and Peas

Broccoli and Cheese Hash with Herby Tomato Sauce and Peas

Water Melon Wedges

Roast Chicken Breast with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy

Sweet Potato Falafels with Roast Potatoes, Mixed Vegetables (Swede, Carrots and Cauliflower) and Gravy

Butter Flapjack Triangle

Classic Beef Lasagne with Cucumber Sticks and Garlic Bread

Mushroom Mince Lasagne with Cucumber Sticks and Garlic Bread

Fresh Natural Mango Yoghurt

Gammon, Cheese and Sweetcorn Potato Boat with Baked Beans

Cheese, Sweetcorn and Spring Onion Potato Boat with Baked Beans

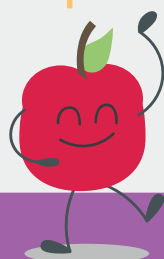
Fresh Fruit Salad

Creamy Smoked Salmon and Pea Sauce with Penne Pasta and Carrots

Creamy Mushroom and Pea Sauce with Penne Pasta and Carrots

Banana or Apple

All Our Dairy Products are Red Tractor Assured  
Subject to availability

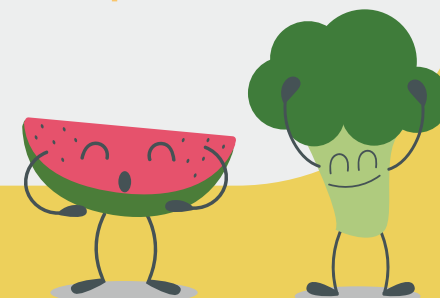


MSC - Approved by the Marine Stewardship Council

# CRUMBS

## FOOD CO

www.crumbsfoodco.com



Bread and Fresh Salad is available every day