



**Packed Lunch Menu  
November 2020**

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Savoury Option</b>	Cheddar Cheese Wholemeal Sandwich	Tuna Mayonnaise Wholemeal Baguette	Ham Wholemeal Sandwich	Chicken Mayonnaise & Sweetcorn Wholemeal Baguette	Cheddar Cheese Wholemeal Sandwich
<b>Vegetarian Option</b>	Same	Houmous & Falafel Wholemeal Baguette	Cheddar Cheese Wholemeal Sandwich	Egg Mayonnaise Wholemeal Baguette	Same
<b>Vegetable Snack</b>	Cucumber sticks	Carrot Sticks	Cherry Tomatoes	Cucumber sticks	Carrot Sticks
<b>Pudding</b>	Fruit yoghurt and Satsuma	Fruit yoghurt and Banana	Fruit Yoghurt and Satsuma	Fruit yoghurt and Banana	Fruit yoghurt and Apple

<b>Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Savoury Option</b>	Ham Wholemeal Baguette	Chicken Mayonnaise & Sweetcorn Wholemeal Sandwich	Cheddar Cheese Wholemeal Baguette	Ham Wholemeal Sandwich	Tuna Mayonnaise Wholemeal Baguette
<b>Vegetarian Option</b>	Houmous & Grated Carrot Wholemeal Baguette	Egg Mayonnaise Wholemeal Sandwich	Same	Cream Cheese Wholemeal Sandwich	Cheddar Cheese Wholemeal Baguette
<b>Vegetable Snack</b>	Carrot Sticks	Cucumber sticks	Cherry Tomatoes	Carrot Sticks	Cucumber sticks
<b>Pudding</b>	Fruit yoghurt and Satsuma	Fruit yoghurt and Banana	Fruit Yoghurt and Satsuma	Fruit yoghurt and Banana	Fruit yoghurt and Apple

**Each packed lunch contains a vegetable snack and fruit**