The Heights Primar Weekly me Monday		Wednesday	Thursday	Priclay
Butternut Squash, Spinach & Lentil Lasagne with Garlic & Herb Bread	Piri Piri Chicken with Sweetcorn Rice and Lemon Dressing	Pork Sausages with Mashed Potatoes & Onion Gravy	Beef Penne Pasta with Cheese	Battered Fish & Chips with Tomato Sauce
Indian Style Vegetable & Chickpea Biryani	Sweet Potato & Red Pepper Pattie with Sweetcorn Rice & Lemon Dressing	Vegetable Sausages with Mashed Potatoes & Onion Gravy	Tomato & Herb Penne Pasta with Cheesy Topping	Cornish Style Vegetable Pasty with Chips & Tomato Sauce
Jacket Potato with Baked Beans & Cheese	Jacket Potato with any two of Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with any two of Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with any two of Baked Beans, Cheese or Tuna Mayonnaise	Jacket Potato with any two of Baked Beans, Cheese or Tuna Mayonnaise
Garlic & Herb Bread	Cheese & Herb Bread	Wholemeal/White Bread	Garlic & Herb Focaccia	Carrot & Cumin Bread
Carrots & Peas	Savoy Cabbage & Green Beans	Glazed Carrots& Courgettes with Roast Tomatoes	Broccoli & Herb Roasted Butternut Squash	Peas & Baked Beans
Apple Crumble & Custard	Chocolate Shortbread with Orange Wedges	Fresh Fruit Slices & Yoghurt	Strawberry Jelly with Fresh Fruit Slices	Lemon Sponge Cake with Custard
Available daily Freshly Prepared Salad Selection Weeks commencing - 2nd September, 23rd Sept	September, 14th October, 4th November, 25th N	ovember, 16th December		HARRISON food with thought